



XIII Costa Rica Taekwondo Open 2015.



FEDERACION COSTARRICENSE DE TAEKWONDO

**28 - 30 AUGUST, VIII COSTA RICA TAEKWONDO
OPEN 2015.**

SPARRING & POOMSAE.

GIMNASIO BN ARENA

Invitation

Dear Friends,

Wishing you the best, this year our Federation kindly invite you to join us at the VIII Costa Rica Taekwondo Open, that will be taking place from 28th – 30th of August, 2015.

We are confident that it will be an event full of excitement, which promises to bring greatest competitors from different parts of the world.

As always thank you for your support and make this event a permanent appointment in the World Taekwondo Calendar.

Best Regards,



Wilmar Alvarado Castillo.

President

Costa Rica Taekwondo Federation



INSCRIPTION

1. ORGANIZATION: FEDERACION COSTARRICENSE DE TAEKWONDO.

TELEPHONE: (506)22314308

FAX: (506)22314171

E-MAIL: opencostaricatkd@gmail.com

2. ORGANIZATION COMMITTEE: (PRESIDENTE: WILMAR ALVARADO)

ADDRESS: Federación Costarricense de Taekwondo.

TELEPHONE: (506)22314308

FAX: (506)22314171

E-MAIL: opencostaricatkd@gmail.com

3. DATE:

AUGUST 28, 29 & 30, 2015

PLACE: Gimnasio BN Arena, Hatillo, San José.

4. COMPETITION RULES:

WTF rules.

5. COMPETITION METHOD:

Single elimination, according to WTF rules.

DAEDO electronic system.

Individual system, there will be 6 rings with electronic system and DAEDO (Electronic Hogu).

6. WEIGHTS CATEGORIES:

SENIOR:

Male		Female	
Fin	-54kg	Fin	-46kg
Fly	-58kg	Fly	-49kg
Bantam	-63kg	Bantam	-53kg
Feather	-68kg	Feather	-57kg
Light	-74kg	Light	-62kg
Welter	-80kg	Welter	-67kg
Middle	-87kg	Middle	-73kg
Heavy	+87kg	Heavy	+73kg



JUNIOR:

Male		Female	
Fin	-45kg	Fin	-42kg
Fly	-48kg	Fly	-44kg
Bantam	-51kg	Bantam	-46kg
Feather	-55kg	Feather	-49kg
Light	-59kg	Light	-52kg
Welter	-63kg	Welter	-55kg
L. Middle	-68kg	L. Middle	-59kg
Middle	-73kg	Middle	-63kg
L. Heavy	-78kg	L. Heavy	-68kg
Heavy	+78kg	Heavy	+68kg

CADETS:

Male		Female	
Fin	-33kg	Fin	-29kg
Fly	-37kg	Fly	-33kg
Bantam	-41kg	Bantam	-37kg
Feather	-45kg	Feather	-41kg
Light	-49kg	Light	-44kg
Welter	-53kg	Welter	-47kg
L. Middle	-57kg	L. Middle	-51kg
Middle	-61kg	Middle	-55kg
L. Heavy	-65kg	L. Heavy	-59kg
Heavy	+65kg	Heavy	+59kg

Peewee: Guide for brackets.

Male		Female	
Fin	-23kg	Fin	-22kg
Fly	-26kg	Fly	-25kg
Bantam	-29kg	Bantam	-28kg
Feather	-32kg	Feather	-31kg
Light	-35kg	Light	-34kg
Welter	-38kg	Welter	-37kg
L. Middle	-41kg	L. Middle	-40kg
Middle	-44kg	Middle	-43kg
L. Heavy	-47kg	L. Heavy	-46kg
Heavy	+47kg	Heavy	+46kg

7. AGES:

1. Peewee: 2004....2010
2. Cadets: 2001,2002 y 2003.
3. Junior.1998, 1999 y 2000.
4. Senior: born in 1997 and before. (1998 included)
5. Poomsae: WTF/FCT oficial categories.

8. TEAMS PARTICIPATING:

All schools, Academies and countries afiliated to WTF and PATU, as well as Schools and Academies that belong to the FCT.

NOTE: No competitor would be able to compite in more that one category.

9. QUALIFICATION AND RESULTS:

AWARDS

Individual: 1st, 2nd, 3rd & 4th place (male and female).

Teams, trophies: 1st, 2nd, & 3th place sparring infants, cadets, junior y senior.

Absolut Champion: 1stPlace

Rationale	Points Awared
Gold Medal	7
Silver Medal	3
Bronze Medal	1

10. PARTICIPATION RIGHTS – INSCRIPTIONS.

The inscription fee per athlete would be:

1. Costa Rica Open 100 US dollars.
2. Nationals 50 US dollars

All the inscriptions must be completed with the official form, and the deadline time is august 20th, 2015. The forms that do not arrive on time, would not be validated.

There will be a fee of 10 US dollars for each change request after the dealine time (august 20th).

The inscription must be cancelled at the registration room, located at the **Hotel Best Western Irazu.**

11. INSCRIPTION DEADLINE TIME:

AUGUST 20TH, 2015

12. INTERNATIONAL REFEREES:

- A. The organizing committee will provide hotel, transportation and meals for 4 nights (from the 27th to 30th of august).
- B. The organizing committee will pay 4 days (3 competition days and 1 day of practice and technical meeting)

13. WTF: RECOGNIZED UNIFORMS AND PROTECTIVE GEARS

- A. All competitors must wear uniforms and protective gears recognize by WTF.

Sparring: Contestants must wear a white Taekwondo V-neck WTF approved uniform (Dobok) in good condition. Black belts must wear black-collared uniforms. Patches, embroidery, logos, team names, country names, athlete names and stripes are permitted on the uniform; They can be up to 12" x 4" on each extremity (leg or arm) for a total of 4 (four). Logos or names on the back of the uniform and patches on the chest are of the uniform are also allowed.

Poomsae: Contestants must wear WTF designated Y-neck competition poomsae uniform as outlined in the WTF Notice from April 4, 2012. Contestants must comply with WTF guidelines concerning uniforms designated by rank. WTF Y-neck uniforms may have a national flag patch and country code displayed on the uniform consistent with WTF guidelines.

NOTE: *NO TAPE WILL BE ALLOWED ON ANY PART OF THE UNIFORM

- B. The electronic chest protector will be bring by the Organization (Black belts categories only). Other color belts must bring their own chest protector, and it must be recognized by WTF.
- C. The rest of the protective gears including the head gear must be bring by each competitor.

NOTE: (Personal Requirements) All competitors shall keep their nails cut short and shall not wear any articles that may injure or endanger an opponent. Any competitor whose hair, in the opinion of the referee, is so long as to risk causing inconvenience to other competitors shall be required to tie it back securely.

- D. It is mandatory the use of mouth guard, protective forarms and shins, protective cups and gloves. Contestants shall wear an approved trunk protector, headgear (red for Hong and blue for Chung), groin guard, gloves (see below), forearm protector, shin protectors, sensing socks and a mouth guard before entering the contest area. The head protector must be firmly tucked under the left arm when entering the competition area, and shall be put on the head following instructions of the referee before the start of the contest. The groin, forearm, and shin-instep protectors must be worn inside the Taekwondo uniform. Wearing of any other items on the head other than head protector shall not be permitted. A previously approved religious item shall be worn beneath the head protector and inside the Dobok and shall not cause harm or obstruct the opposing contestant.

Equipment Standards

Gloves – Cadet (12-14), Junior (15-17 year old) and Senior (17+) Black belts are required to wear taekwondo gloves. For all other divisions, gloves are optional and must comply with the above

rule.

Mouth Guard – All athletes are REQUIRED to use a mouth guard. A mouth cover may be used for those with braces if an orthodontist's note is provided prior to the beginning of competition.

ALL divisions are required by WTF to use only white or transparent mouth guards.

Properly fitting Headgear – All Cadet, Junior and Senior participants must provide their own red and blue headgear with no markings other than corporate logos. Cracks or defects in the headgear will not be allowed. Youth and Ultra participants may wear red, blue or white headgear with no markings other than corporate logos.

Protective Cup – All male athletes are REQUIRED to wear a protective cup inside the pants during competition. All female athletes are REQUIRED to wear a protective cup as well. This is because of the WTF sanction and rules.

Shin protection – Shin protectors are REQUIRED and they must be made of foam, cloth or vinyl products.

Forearm guard – Forearm guards are REQUIRED and it is mandatory that athletes get foam, cloth, or vinyl products.

Please Note: FCT reserves the right to disallow any uniform or equipment if it is found to be offensive or degrading in any fashion. The 2014 U.S. Open Taekwondo Championships will follow the WTF equipment guidelines for all Cadet, Junior and Senior divisions.

- E. Peewees will have the option of wear or not socks protectors.
- F. Metallic Articles, Contestants are not allowed to wear any kind of metallic articles or hard objects, such as rings, eyeglasses (including prescribed safety eyeglasses or eye goggles), necklaces, watches, bracelets, earrings, etc.
- G. Personal Hygiene, All competitors must maintain the highest standard of personal hygiene, keep their nails cut short, and groom their hair neatly.
Any violators of Sections A & B above will be required to correct the violation within one minute, or face disqualification.
- H. **Tape**, A maximum of two (2) layers of tape are allowed, except in the case of an injury. For an injury, the minimum amount of tape that will protect the area should be used. If there is a question, the referee should have the wrapping examined and approved by the Tournament Medical Staff. Under no circumstances will a hard splint or cast—no matter how small—be allowed.

14. WEIGHT IN:

The weight-in for Saturday and Sunday competitors will be at Gimnasio BN Arena from 3 to 5 pm.

- During the weigh-in, the contestant is required to show his/her current photo ID, USAT identification card or birth certificate.
- A competitor's weight shall be measured the day prior to his/her competition day. All competitors must weigh-in during the designated times on the schedule
- A competitor's weight may be measured twice. If a contestant does not qualify the first time, one more official weigh-in is granted within the time limit. So as not to be disqualified during official weigh-in, a scale, the same as the official one, shall be provided at the convention center as a test scale.
- Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.

15. RELEASE OF LIABILITY:

Through writing I hereby acknowledge, agree and accept freely and voluntarily, that I understand the nature of the Costa Rica Taekwondo Open, and declare, that I am in good health and physical condition appropriate to compete in said event. I understand that if at any moment in the competition, the conditions are unsafe, I will immediately withdraw my participation in the Costa Rica Taekwondo Open, from the 28th, 29th and August 30th, 2015, I fully understand that:

- a) The athletic activities involve risks of serious bodily harm, including permanent disability, paralysis, and death.
- b) these risks and hazards that can be caused by my own actions or inactions, the actions or inactions of other participants in the activity or the negligence of the "managers and sponsors of the event."
- c) these may be other risks, social and economic losses not known or not foreseeable to me at this time; I accept, acknowledge and fully take responsibility, cost and damage that may be incurred as a result of My participation or that of minor activity.

I declare by this document, and hereby agree not to sue (criminal, civil), the organizers of this Open, Costa Rica Taekwondo Federation, including its officers, , directors, agents, employees and their families of each of them, the sponsors; Each of them is relieved of liability, lawsuits, losses, or damages cause by me or alleged to be caused by me, be negligence of the said "Relieved", thus incurring all expenses which may arise, such as attorney fees, loss, liability, or damage as a result of a lawsuit. By signing this document of my own free will, I have read this agreement, and fully understand its terms. As a parent and / or legal guardian of a minor, I understand that, given the nature of the athletics activity, and minor's experience and capability, he/she is in good health, and proper physical condition to participate in such activity. I hereby agree not to sue, and relieve aforementioned "Relieved" of lawsuits, losses or damages by the minor in question.

16. HOTEL:

HOTEL IRAZÚ BEST WESTERN
HOTEL VILLAS DEL RIO

17. TRANSPORTATION

The Organizing Committee will provide to all participants the Organization Hotels, transportation Airport-Hotel/Hotel-Airport, Hotel-Venue/Venue-Hotel.

18. SCHEDULE: (Once inscription ends, we will provided any changes)

DATE	TIME	ACTIVITIES	PLACE
23 -27	10:00 a 20:00 h	Arrivals and registration of teams	Hotel Best western Irazú
27/08/2015			
	20:00 h	Referees Meeting	Hotel Irazú
	20:30 h	Technical Meeting	Hotel Irazú
28/08/2015	10:00 a 17:00 h	Poomsae Competition all belts and categories.	Gimnasio BN Arena
	16:00 a 18 h	Para Taekwondo Cadets Weight-In	

29/08/2015	08:00 a 20:30 h	Peeweas and Cadetes Competition all belts.	Gimnasio BN Arena
	15:00 a 17:00 h 13:00 h	Junior/Senior Weight-In Opening Ceremony	
30/08/2015	08:00 a 20:30 h	Junior/Senior all belts competition.	Gimnasio BN Arena
31/08/2015	06:00	Teams Departure	

- ❖ THE COSTA RICA TAEKWONDO FEDERATION RESERVES THE RIGHT OF POSSIBLE CHANGES AND MODIFICATIONS THAT ORGANIZATIONAL REASONS COULD CAUSE.
- ❖ ONCE THE INSCRIPTIONS DEADLINE IS OVER, THE FCT WILL PROVIDE SCHEDULES AND CATEGORIES DISTRIBUTION.

Signature: