



Once again from the High Performance Center La Loma, and at the request of the numerous delegations that will participate at the Junior and Cadet Pan American Championships, as well as the World Military Championships, we are planning a High Performance Camp for all athletes and coaches that will be traveling to Queretaro (Mexico) and Texas (USA), home of such events.

CAMP: Pan American Championships (Cadet, Junior, and Open)

Date for the Pan American Championships (Cadet, Junior, and Open): September 20-22nd

Location: Querétaro, México

Date for the Pan American Championships (Cadet, Junior, and Open) Camp: September 3-19th

Location: High Performance Center La Loma, San Luis Potosí, México

Distance: 90 minutes on land from San Luis Potosí to Querétaro

Participants: National, regional, and university teams, athletes and coaches at particular level.

CAMP: WORLD MILITARY CHAMPIONSHIPS, USA 2013

Date of the World Military Championships: October 14-21st

Location: Texas, USA

Date of the World Military Camp: September 28th - October 12th

Location: High Performance Center La Loma, San Luis Potosí, México

Distance: 90 by plane. San Luis Potosí- Houston

Participants: Military Teams

More Information: irenofargas@hotmail.com

+ 52 444 8256032

<https://www.facebook.com/CarLaLomaTaekwondoMexico>