

COSTA RICA

San Jose, September 1st & 2nd, 2012

5th Taekwondo Open



FEDERACION COSTARRICENSE DE TAEKWONDO

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Costa Rica 5th Taekwondo Open

September 1st & 2nd, 2012

SAN JOSE, COSTA RICA

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INVITATION

Dear Presidents, Schools Masters, Parentes and Taekwondo Athletes.

It's my pleasure to invite you all to our 2012 5th Costarican Taekwondo Open (september 1st and 2nd at our Eddy Cortes National Gymnasium), where we all will be united through competition where we will presence emotions and skills within our athletes, trying always to give their best throughout the fair play.

This year we will use ECP (electronic chest protectors) in our elite competition so we can participate in a more peaceful and fair competition with worldwide quality with DAEDO Chest Protectors.

Thanks to all of you and I hope to see you soon in our V Costarican Taekwondo Open 2012.

**Wilmar Alvarado C.
President
Costarican Taekwondo Federation**

COSTA RICA

ORGANIZER

Costarican Taekwondo Federation

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ORGANIZING COMMITTEE

PRESIDENT: WILMAR ALVARADO

FEDERATION: Federación Costarricense de Taekwondo.

TEL.: (506)22314308

FAX: (506)22314171

E-MAIL: info@tkdcr.com

WHERE AND WHEN?

DATE: September, 1st & 2nd.

PLACE: Eddy Cortes National Gymnasium, Metropolitan Park, La Sabana, San Jose.

COMPETITION RULES

World Taekwondo Federation (WTF) & Costarican Taekwondo Federation (CTF).

KYORUGI COMPETITION METHOD

- Simple elimination according to WTF Rules.
- DAEDO Electronic Chest Protectors only in elite competition (red and black belt).
- Individual system, six (6) competition areas with electronic point system.

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WEIGHT CATEGORIES

SENIOR

Senior MALE		Senior FEMALE	
Fin	-54kg	Fin	-46kg
Fly	-58kg	Fly	-49kg
Bamtan	-63kg	Bamtan	-53kg
Feather	-68kg	Feather	-57kg
Light	-74kg	Light	-62kg
Welter	-80kg	Welter	-67kg
Middle	-87kg	Middle	-73kg
Heavy	+87kg	Heavy	+73kg

JUNIOR

Junior MALE		Junior FEMALE	
Fin	-45kg	Fin	-42kg
Fly	-48kg	Fly	-44kg
Bamtan	-51kg	Bamtan	-46kg
Feather	-55kg	Feather	-49kg
Light	-59kg	Light	-52kg
Welter	-63kg	Welter	-55kg
L. Middle	-68kg	L. Middle	-59kg
Middle	-73kg	Middle	-63kg
L. Heavy	-78kg	L. Heavy	-68kg
Heavy	+78kg	Heavy	+68kg

PRE JUNIOR

PreJunior MALE		PreJunior FEMALE	
Fin	-32kg	Fin	-28kg
Fly	-36kg	Fly	-32kg
Bamtan	-40kg	Bamtan	-36kg
Feather	-44kg	Feather	-40kg
Light	-48kg	Light	-43kg
Welter	-52kg	Welter	-46kg
L. Middle	-56kg	L. Middle	-50kg
Middle	-60kg	Middle	-54kg
L. Heavy	-64kg	L. Heavy	-58kg
Heavy	+64kg	Heavy	+58kg

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AGES

- Pre Junior: 1999 to 2007.
- Junior: 1995, 1996, 1997 and 1998.
- Senior: born in 1994 and before.
- Poomsae: Official WTF / CTF categories (information below).

POOMSAE DIVISIONS

- A. Categories: Individual, pairs and teams.
- B. Divisions: Prejunior, Junior 1, Junior 2, Senior 1, Senior 2, Master 1 and Master 2.
- C. Belts: all grades.
- D. Genres: Male and female.

POOMSAE COMPETITION INFORMATION

Ages according categories should be as follow:

CATEGORIES	AGES								
	Prejunior I (Until 8 years old)	Prejunior II (9-11)	Junior I (12-14)	Junior II (15-18)	Senior I (19-30)	Senior II (31-40)	Master I (41-50)	Master II (51-59)	Master III (over 59)
INDIVIDUAL	*	*	*				*		*
PAIRS	No	No	*				*		*
TEAMS	No	No	*				*		*

Competitors ages are defined by the age during the year of the competition, no matter the month of his/her birthday.

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Competition distribution according belts is as follow:

BELT			
	INDIVIDUAL	PAIR	TEAM
White	*		
Yellow	*		
Green	*		
Blue	*	*	*
Red	*		
Black	*		

Individual competition will take place in male and female categories (separated); pair competitors teams will necessary be formed with one male and one female (mixed), it won't be allowed pairs of the same genre; team competition (three competitors) will take place in both male and female categories, in black belt only same genre per team, in color belts it will be allowed mixed genres in any quantity until three (3) competitors

Color belts and black belts (regular competition) will perform CFT categories Poomsae:

Belt	Poomsae
White	Taeguk 1
Yellow	Taeguk 1 up to 2
Green	Taeguk 1 up to 3
Blue	Taeguk 1 up to 4
Red	Taeguk 1 up to 8
Black 1° dan	Taeguk 2 up to Koryo
Black 2° dan	Taeguk 3 up to Keumgang
Black 3° dan	Taeguk 4 up to Taebek
Black 4° dan	Taeguk 5 up to Pyongwon
Black 5° dan	Taeguk 6 up to Sipchin
Black 6° dan	Taeguk 7 up to Jitae
Black 7° dan	Taeguk 8 up to Chonkwon

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Black belt (elite competition) will perform WTF Categories Poomsae as follows:

Edad	Poomsae
Prejunior I	Taeguk 3, 4, 5, 6, 7, 8 Jang - Koryo, Keumgang
Prejunior II	Taeguk 3, 4, 5, 6, 7, 8 Jang - Koryo, Keumgang
Junior I	Taeguk 4, 5, 6, 7, 8 Jang - Koryo, Keumgang, Taebaek
Junior II	Taeguk 4, 5, 6, 7, 8 Jang - Koryo, Keumgang, Taebaek
Senior I	Taeguk 6, 7, 8 Jang - Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Senior II	Taeguk 6, 7, 8 Jang - Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Master I	Taeguk 8 Jang - Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Master II	Taeguk 8 Jang - Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Master III	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu

Each Poomsae to perform will be designated at the Technical Meeting, all competitors must use official WTF approved Dobok, coaches won't be allowed to wear clothing not according to Taekwondo spirit (shorts, earrings, sunglasses, tank tops, etc).

According to the number of competitors in each category, competition will begin as follows:

COMPETITORS	PRELIMINAR	SEMIFINAL	FINAL
2			2
3			3
4		4	2
5		5	3
6		6	3
7	7	4	2
8	8	4	2
9	9	5	3
10	10	5	3
11	11	6	3
12	12	6	3
13	13	7	4
14	14	7	4
15 +	15 +	8	4

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PARTICIPATING TEAMS

All schools, associations and countries affiliated to WTF and PATU can participate in our 2012 Taekwondo Open, as well as all CTF schools and associations.

CLASSIFICATION / RESULTS

- Individual: 1°, 2°, 3° & 4° place (male y female).
- Teams: 1°, 2°, & 3° place.
- Absolute Champion: 1° place.

Points per medal	
Gold	7
Silver	3
Bronze	1

INSCRIPTION FEE

Inscription fee per athlete will be:

- \$80 US dollars for international competitors (two events /Poomsae + Kyorugi/ \$90).
- \$50 US dollars for CR residents (two events /Poomsae + Kyorugi/ \$60).
- All inscriptions must be received in the Official Inscription Form before August 22nd, 2012. All inscriptions received after due date won't be valid.
- \$10 US dollars per change in inscription forms after August, 22nd.

INSCRIPTION DUE DATE

August 22nd, 2012

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INTERNATIONAL REFEREES

- A. Our organization will pay hotel fees during four nights from August 30 (Thursday) until September 3rd (Monday).
- B. Our organization will pay \$100 US dollars per competition day to all International Referees (according to WTF rules).

UNIFORMS / PROTECTORS

- A. All competitors must use WTF approved gear.
- B. DAEDO Electronic Chest Protectors will be facilitated by the Organizing Committee. Competitors could use their own ECP, as long as it's WTF approved and consistent with DAEDO.
- C. Each competitor must bring all body protectors, including head gear.
- D. Mouth, shin, forearm and genital protectors, including gloves, are mandatory to compete.
- E. In prejunior categories, the use of instep foot protector is optional.

WEIGHT IN

It will be held at Eddy Cortes National Gymnasium.

RESPONSABILITIES

The Costarican National Federation and the Organizing Committe won't be held responsible for any injuries or lawsuits..

HOTEL

Irazú Best Western Hotel (more information at fchinchilla@gmhospitality.net).

TRANSPORT

The Organizing Committe will coordinate and make available a first hour transport for all those who are staying at the Irazu Best Western Hotel, as well as the final of the competition transport to the hotel.

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SCHEDULE

(Changes will be made as soon as Inscription Final Date ends)

DAY	HOUR	DESCRIPTION	PLACE
August, 30th (Thursday)	18:00 to 22:00 H	Arrival and Teams Registry	BEST WESTERN IRAZÚ HOTEL
Friday, 31th (Friday)	10:00 to 20:00 H	Arrival and Teams Registry / Weight In	BEST WESTERN IRAZÚ HOTEL
	20:00 H	Referee Technical Meeting	BEST WESTERN IRAZÚ HOTEL
	20:30 H	General Technical Meeting	BEST WESTERN IRAZÚ HOTEL
September, 1st (Saturday)	08:00 to 20:30 H	PreJunior and Junior Competition Poomsae and Kyorugi	NATIONAL GYMNASIUM
	13:00 H	Inauguration Ceremony	NATIONAL GYMNASIUM
September, 2nd (Sunday)	08:00 to 20:30 H	Senior and above Competition Poomsae and Kyorugi	NATIONAL GYMNASIUM

ADDITIONAL INFORMATION

The Costarican Taekwondo Federation can make changes during the competition, once the Inscription Final Date ends, the CTF will indicate hours and final categories of Competition.

More information at www.tkdcr.com