



# Pan American Poomsae Championship



8-12 December 2010  
Taekwondo linking the entire continent  
Monterrey, N.L. Mexico

- Invitation
- Information Package



PRESENTED BY PAN AMERICAN TAEKWONDO UNION



SANCTIONED BY THE WORLD TAEKWONDO FEDERATION



ORGANIZED BY MEXICAN TAEKWONDO FEDERATION



# **1st** Pan American Poomsae Championship



Promoter

## **The Pan American Taekwondo Union**

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Organizing Committee

## **Mexican Taekwondo Federation AC**

Av. Río Churubusco puerta 9 Cd. Deportiva Magdalena Mixhuca,

México, D.F. C.P. 08010

Tel. Directo y Fax: 5654.6794 / 5803.0114

Presidente Lic. Juan Manuel López Delgado

Website: [www.femextkd.net.mx](http://www.femextkd.net.mx)



Organizer Committee

## **Taekwondo Association of the State of Nuevo León, AC**

Mtra. Rosa Ma. Adam Tovar 04481 8366 6976/Nextel, 72\*179200\*2

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# 1st Pan American Poomsae Championship

Invitation

## II Invitation

The Pan American Taekwondo Union (PATU) and the Mexican Taekwondo Federation A.C. through the Nuevo Leon Taekwondo Association

## II Directed to

PATU Member National Federations to participate in the "Pan Am Para-Taekwondo Monterrey 2010" to be held in Monterrey, NL, according to the following:

# 1st Pan American Poomsae Championship

## Date:

December 7 ~ 10, 2010.

## Venue

Arena Monterrey

Ave. Madero #2500 Oriente, Colonia Obrera (next Cintermex)

Monterrey, Nuevo León, México Código Postal: 64800

Invitation

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## Officials:

PATU will appoint all required technical officials and competition supervisory board (CSB) members. The organizing committee will provide each appointed technical officials and CSB members, room and board, daily honorariums during the course of the competition. The duration of room and board support, and their honorarium payment will vary depends on their function and position.

## International Referees:

1. PATU will appoint the required number of International Referees.
2. Roundtrip Airfare shall be borne by each participating International Referee.
3. The Organizing Committee shall cover (4) nights charges of room and board (check-in in the afternoon of December 7th, 2010; checkout before 10 AM of December 11th, 2010).
4. The Organizing Committee will provide each participating International Referee with a daily honorarium of US \$100 for 3 days of competition (Both, Kyoroogui & Poomsae competition)



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## Indemnities:

- 1.It shall be the responsibility of the respective national federations to ensure that their participants have validly completed and signed the official participation forms, thus releasing the organizers, its officials and other contestants from any claims of injuries, losses, and fatalities or otherwise arising from the participation in this championship or any activities thereto.
- 2.It shall be the responsibility of the respective national associations to ensure that all officials and participants are covered with effective insurance coverage.
- 3.Participant's without proper participation entry forms and effective insurance coverage will not be allowed to compete at the championships.



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## Head of Team Meeting & Drawing of Lots:

- 1.The head of team meeting and the drawing of lots shall be conducted one day prior to the first competition in the presence of the PATU officials and the representatives of the participating nations. Officials shall be designated to draw lots on behalf of the officials of the participating nations not present at the time of the drawing of lots.
- 2.The order of the draw may be changed according to the decisions made by the PATU Technical Committee and Tournament Committee.



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## National Flag and Anthem:

It is the responsibility of each participating national team to bring the following items for use at the opening and closing ceremonies as well as at the awards presentation ceremonies:

1. Two (2) national flags.

A) Size: 90cm x 130 cm

B) Only IOC recognized flags will be permitted.

2. A music CD of the respective nation's national anthem.

## Accommodations:

Each participating national team is responsible for hotel accommodations and meals for all participating athletes, coaches, delegates and other members of each national team.



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## Ground transportation:

1. Ground transportation will be provided for national teams on arrival and departure, provided the national team flies into the Monterrey, México, Airport (MTY) and the Organizing Committee has been informed of the date, time, and flight schedule of the national team at the latest by November 07, 2010.
2. The Organizing Committee will also provide ground transportation to and from all host hotels and the venue, in a period between 9 -10 December 2010.

## Entry Forms and Closing Dates for Entries:

All entry forms must reach the Organizing Committee by November, 07, 2010. Entries received after the deadline will not be entered into this competition. Strict compliance with this ruling is requested.

# 1st Pan American Poomsae Championship



## Participating Teams:

Official Member National Associations of the Pan American Taekwondo Union.

## Qualifications:

All participating Team members must satisfy the following requirements in order to participate.

- a. Holder of nationality of the participating team.
- b. Recommended by the National Taekwondo Association.
- c. Hold the Kukkiwon Poom or Dan Certificate.

**\*A copy of the Dan certificate shall be enclosed with registration for accreditation. If this requirement is not fulfilled the contestant will not be able to participate.**

**\*\* In the case of late obtainment of the Dan/Poom certificate from the Kukkiwon due to progress, a copy of the Dan/Poom application form & remittance certificate sent to the Kukkiwon shall be enclosed when registration for accreditation. Please refer to the Kukkiwon website ([www.Kukkiwon.or.kr](http://www.Kukkiwon.or.kr)) for more information.**



# 1st Pan American Poomsae Championship



## Competition Rules:

Current WTF/PATU Poomsae Competition Rules will govern this competition with minor modifications.

## Method of competitions

Cut-off system

1) Preliminaries: After performing two (2) of the four (4) 1st Compulsory Poomsae predetermined by the PATU, the top 50% of participants will qualify for the next round according to the average score of the two performances.

2) Final selection: The top 50% of participants would be required to perform the remaining two (2) 1st Compulsory Poomsae. The top eight (8) athletes of each category (individual, team and pair) will be selected according to the average score of the two performances.



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3) Final: The top eight (8) athletes of each category would be required to perform two (2) of the 2nd Compulsory Poomsae predetermined by the PATU. The ranking of the top three (3) athletes of each category will be decided by the average score of the two performances.

**In the case that there are 8 or less athletes or teams per division, they will automatically qualify for the final round without preliminaries or semi-finals.**

**In the case that there are 20 or less athletes or teams per division, they will automatically qualify for the semi-final round without preliminaries. Accordingly, top 8 athletes or teams will advance to the final round.**

## Team Entry:

TEAM POSITION	NO. OF OFFICIALS	REMARKS
HEAD OF TEAM:	1	
MANAGER:	1	
COACH:	2	Male & Female
TEAM DOCTOR	1	
TOTAL	5	

# 1st Pan American Poomsae Championship



**Detailed number of participants in each division is as follows:**

Division (Categoria)	Junior	1 <sup>st</sup> Senior	2 <sup>nd</sup> Senior	1 <sup>st</sup> Master	2 <sup>nd</sup> Master
Age(Edad)	14-18 years 14-18 Años	19-30 years 19-30 Años	31-40 years 31-40 Años	41-50 years 41-50 Años	51 years old or higher 51 En Adelante
Individual ( Maximum 3 Competitors per country are allowed)	Male (Varonil)	3 Competitors Maximum	3 Competitors Maximum	3 Competitors Maximum	3 Competitors Maximum
	Female (Femenil)	3 Competitors Maximum	3 Competitors Maximum	3 Competitors Maximum	3 Competitors Maximum

Contestants may compete in more than one category of competitions unless limited by gender.



# 1st Pan American Poomsae Championship



**Detailed number of participants in each division is as follows:**

Division (Categoria)		1st	2nd
Age(Edad)		14-35 years old (14-35Años)	2 Pairs(Parejas) Maximum per Country
Pairs (Parejas)		2 Pairs(Parejas) Maximum per Country	3 Competitors Maximum
Team (Equipo)	Male (Varonil)	2 Teams(Equipos) Maximum per Country	2 Teams(Equipos) Maximum per Country
	Female (Femenil)	2 Teams(Equipos) Maximum per Country	2 Teams(Equipos) Maximum per Country
Team (Equipo)	Free Style Created Poomsae (Mixed)	2 Teams(Equipos) Maximum per Country	2 Teams(Equipos) Maximum per Country

Contestants may compete in more than one category of competitions unless limited by gender.



# 1st Pan American Poomsae Championship

## Competition Format

Division (Categoría)		1st Compulsory Poomsae 1da Ronda Obligatoria poomsae	2nd Compulsory Poomsae 2da Ronda Obligatoria poomsae
Junior Division (14-18 years old(Años))		Taegeuk 4, 5, 6, 7 Jang	Taegeuk 8 Jang, Koryo, Keumgang, Taeback
1st Senior Division (19-30 years old(Años))		Taegeuk 6, 7, 8 Jang Koryo	Keumgang, Taeback Pyongwon, Shipjin
2nd Senior Division (31-40 years old(Años))			
1st Masters Division (41-50 years old(Años))		Taegeuk 8Jang, Koryo, Keumgang, Taeback	Pyongwon, Shipjin, Jitae, Chonkwon
2nd Masters Division (51 years old or higher) (51 En Adelante)		Koryo, Keumgang, Taeback, Pyongwon	Shipjin, Jitae, Chonkwon, Hansu
Pairs (Parejas)	14-35 years old	Taegeuk 6, 7, 8 Jang, Koryo	Keumgang, Teaback, Pyongwon, Shipjin
	36 years old or higher	Taegeuk 8 Jang, Koryo, Keumgang, Taeback	Pyongwon, Shipjin, Jitae, Chonkwon
Team (Equipo)	14-35 years old	Taegeuk 6, 7, 8 Jang, Koryo	Keumgang, Teaback, Pyongwon, Shipjin
	36 years old or higher	Taegeuk 8 Jang, Koryo, Keumgang, Taeback	Pyongwon, Shipjin, Jitae, Chonkwon

Rules and Regulations





# 1st Pan American Poomsae Championship



## Free Style Created Poomsae Team Competition:

For the new Created Free Style Poomsae competition will allow a Minimum of 4 and a maximum of 7 competitors per team. All Free Style Created Poomsae Team Competition must be performed with music of each team's choice.

**Free Style Created Poomsae Team Competition must be completed within 3 minute time frame including the set up time. The performance time of each participating team's free style created poomsae must be a minimum of 1 minute 30 seconds and maximum of 2 minutes.**

Free Style Created Poomsae Team Competition will be judged of a total of 100 points as it follows:

1. Creativity (20 points)
2. Artistic expression (20 points)
3. Team work and spirits (20 points)
4. Synchronization of techniques with selected music (20 points)
5. Variety of kicking and acrobatic movements (20 points)



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## Guidelines for the Created Poomsae Competition:

- 1) Method of Competition: Cut-off system
- 2) Contest time: minimum 90 seconds to maximum 120 seconds.
- 3) Attire: WTF/PATU Approved Dobok (Taekwondo uniform)
- 4) Number of participating members for group contest: minimum 4, maximum 7 members



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## II Guidelines for the Created Poomsae Competition:

### 5) Compulsory Provisions

- a) The original Taekwondo movements or its practical applications are only accepted.
- b) Kicking must be picked out from basic kicks or practically applied or derived from the original kicking movements.
- c) Hand techniques must be based on practical application and be derived from original Poomsae movements.
- d) A Created Poomsae line of progression can be freely composed.
- e) For each creative Poomsae, each participating Team must submit a written introduction of their Poomsae which includes; Name of the Creative Poomsae, The Purpose of the Poomsae, Philosophical Concept, Names of each Movements, Number of Movements, and the Line of Progression, along with their Application Form to participate in the Creative Poomsae Team Competition.
- f) In the case that more than two groups from one national team participate, their creative Poomsae routine must be different from one another.
- g) A reserved member for substitution in the Creative Poomsae Team Competition is limited to two contestants.



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## Guidelines for the Created Poomsae Competition:

### 6) Compulsory Techniques:

Double side kick  
Jumping side kick  
Back kick  
Spinning kick  
Jumping kick

- a) All group members must perform the compulsory techniques together.
- b) The compulsory techniques can be changed based on specific characteristics of each competition.

### 7) Deductions: Deduction penalties will be given to the following acts.

- a) Exceeding assigned contest time (Minus one point for each 10 seconds exceeded)
- b) Exceeding or shortage of contestants in the Creative Poomsae Competition. (Minus three/3 points per person)
- c) Crossing over the boundary line in the contest area.
- d) Committing undesirable acts on the part of coach or competitor during competition.
- e) When the group does not perform or miss compulsory requirements. (Minus one/1 point per technique)

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## Guidelines for the Created Poomsae Competition:

8) Disqualifications: Disqualification penalties will be given to the following acts.

- a) The competitors name is different than what is on the original list of contestants.
- b) Wearing incorrect Dobok during the competition.

9) Mandatory Music: Using representing music to a Creative Poomsae is mandatory.

Deductions may apply when the Poomsae performance is not synchronized with representing music.

Each time team movement or an individual member is not in sync with the music, a minus one/-1 point may be deducted. However, no more than minus three/-3 points shall be deducted from each performance.

## Awards:

1st Place: Gold Medal (1) and Certificate.

2nd Place: Silver Medal (1) and Certificate.

3rd Place: Bronze Medal (1) and Certificate

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## Terms and Conditions of Participation:

Round trip airfares and accommodation charges of room and board shall be borne by the participating national federations. The registration is open to all competitors of Pan Am Region without going through national Poomsae Team Selections to eliminate financial burdens to each national federations. However, each competitor must be a citizen and a registered member of pertinent member national federations. All participants must submit written permissions from their national federation.

Since no national federation is holding Poomsae Team selections, no federations will be financially responsible for these individuals or teams. All participants will be responsible for their own airfare, entry fees, room and board for the PATU Poomsae Competition. In exchange, PATU will recognize all winners as the official winners of the 1st Pan American Poomsae Championships. The maximum competitor number will be reached based on first come first serve bases. All other matters will be governed by the current WTF Poomsae Competition Rules and Regulations.

## Entry Fees:

Entry fee is \$100.00 USD for each male and female individual competitor. For pairs and teams, \$200 USD for each team and \$300 USD for each Free Style Created Poomsae Team must be paid to Mexico Organizing Committee. All wire transfers shall be made to the following account:

# 1st Pan American Poomsae Championship

## Bank Deposits:

Operator Shows, Fairs & Concerts SA de CV

**Banorte Account number 0617298535**

## Documents Submissions Address:

**"GOTICKET / PRODEQ" boulevards PLAZA**

BOULEVARD BERNARDO QUINTANA NO. 4100, INTERIOR 20

COL. 3rd ALAMOS. SECCION C.P. 76 160, QUERETARO, QRO

**a) Documents Submission Deadline December 7th, 2010**

**Attach deposit slip; make sure the deposited amount corresponds to the date the deposit is made (see Costs above)**

**b)Registration on December 8th, 9th and 10th must be made directly at the venue**

For Further Information Call:

**01800 480 0000 Free of Charge**  
**01 52(442)220 90 10**

