



## OUTLINE

Online poomsae competitions evolve to virtual where athletes, coaches, referees, organizers and the public must have as a tool, computer devices that make easier to manage the championship since the sports arena is the web.

## OUTLINE FOR THE LIVE POOMSAE TEST EVENT

The World Taekwondo PanAmerica (WTPA - PATU), welcomes you to the Live Poomsae Test Event. Online Poomsae competitions have evolved into virtual world where athletes, coaches, referees, organizers and general public need to possess electronic devices to enable the managing and viewing of the championship, given that the sport scene is via the web. Thus, the competition process shifts its functioning by adjusting the contest protocols for athletes in the competition virtual holding area and providing a particular management to the video chat and live streaming.

The Test Event shall be carried out on June the 14th, and the competition will start at 11:00 a.m. EDT (Eastern Daylight Time).

### OPERATION PROCEDURES FOR THE COACH

Coaches must be added to the Whatsapp group of the event in order to receive information and guidance in the process of the competition. This will also allow you to reach the tournament committee with any complaints or issues regarding your athlete. Please find the link below:

<https://chat.whatsapp.com/E0Gsekv55UD8dHvyyvCNUnR>

- *Technical meeting:* Saturday, June 13, 2020 – 7:30 p.m. (EDT)
- Organizing committee and Referee Chairman will go over all the rules and procedures for this event.
- Q&A session for coaches.

## GUIDELINES FOR THE ATHLETE IN THE POOMSAE ONLINE

### COMPETITION (OUTLINES)

#### Athlete information

This outline is designed to be used as a guideline for the athlete in this online Poomsae competition, handling information regarding the general competition (schedule, participation categories, platform) and the technical requirements for participation (Hardware, Software, Internet...).

The performances are to be executed from the athlete's location (house or preference stage), ensuring an optimal environment for their digital visualization.

In case of any interruption during the streaming, they will have a second chance to perform the Poomsae at the end of the round in which the interruption took place, also without any penalty. If this second performance is also affected, the athlete will be disqualified.

#### Procedures:

1. Before the competition:
  - a. Technical requirements for participation:
    - i. **Hardware:** HD 1080px 30fps camera, PC or laptop core i5, 1.8MHz or equivalent with microphone and 5Mbps upload Internet connection. If the streaming is done via smartphone, tablet or laptop, you must ensure that the camera is HD 1080px 30fps.

- ii. **Software**: Zoom, any web browser and WhatsApp.
- iii. **Physical Scenery and Room Lighting**: Verify the athlete has enough space for the Poomsae to be executed with abundant, preferably natural lighting. Avoid backlighting: no lights behind the athlete, only from the top. If there is an obstacle in the athlete's space or not enough space to complete a move and the athlete takes an extra step, this will result in .3 deduction per extra step. If pet or person walks into camera view during performance and we need to ask for a restart, this will result in .6 deduction from total score.
- iv. **Streaming**: The camera must be in landscape position, and the poomsae needs to be started far enough from the camera that the athlete does not step out of the camera's view causing a deduction for hand and feet movements which cannot be seen by the referees. However, must not be performed too far from the athlete given that the details of the performance might be lost. This responsibility falls solely on the athlete.
- v. **Other**: There should be a support person to help the athlete with the live streaming process (i.e., turning on and off the microphone, adjusting camera, etc.). This person can be the assistant or coach.
- vi. Dobok will follow WT Poomsae guidelines. Anything not following the guideline a 0.6 deduction will be applied from total score.

- b. Check on MasTKD.com the participation schedule information, division information, performance order and poomsae selection.
- c. Before to start of the competition, the coaches and assistant coaches are responsible to add athletes to the WhatsApp group for the event in order to receive information and guidance in the process of the competition:  
<https://chat.whatsapp.com/E0Gsekv55UD8dHvyvCNUnR>
- d. **Test:** It is highly recommended that the athlete check their system before the competition, ensure that the technical requirements and hardware working properly.

## 2. **Competition day:**

- a. For the competition day, the athlete shall receive a Zoom link on WhatsApp.
- b. Check in: 15 minutes before the competition, the athletes must be ready for their performance in Zoom in their respective division. If the athlete is not in Zoom waiting room **5 minutes** before the start of the division (**start time of the division not their poomsae start time**), he or she will be automatically disqualified.

**Additional information to take into account during the performance:** Once you have successfully logged into the video chat room, the athlete will then be moved into the Zoom waiting room. You must be aware of the performance order in your division, and also be monitoring the competition, in order to be at your starting position as soon as it is your time slot for the live streaming. After

performing the Poomsae, the athlete must remain in this position until receiving the final score. This process is to be supported by a ring coordinator.

- c. It is the coach and athlete responsibility to check the scoring and ranking within their division to verify if you will proceed into the Semifinal and Final rounds. For this, go to MasTKD.com, where the follow up can be seen in real-time.
- d. During the competition live streaming, neither the athlete, the coach, nor any other person shall make any questions, turn on the microphone or similar. The Whatsapp group will be used for that function.**
- e. It is important to remember that during the competition (not before), both the microphone and the camera must be activated (athlete, for kihap only) for example, if the athlete fails to activate the microphone immediately before the Poomsae and the referees are unable to hear the Kihap, this will result in the corresponding deductions according to the WT guidelines.