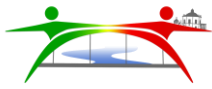


19th European Junior Taekwondo Championships 2013

Vila Nova de Gaia – Portugal, 25th - 28th September





19th European Junior Taekwondo Championships 2013

Vila Nova de Gaia – Portugal, 25th - 28th September

Outline for

the 19th European Junior Taekwondo Championships

Vila Nova de Gaia – Portugal

September 25th – 28th 2013

Dear Mr President,
Dear Sir,
Dear Madam,

We are very pleased to receive this championship in our country that will be held in Vila Nova de Gaia, Porto, on the 25th - 28th of September 2013.

We are proud and honoured to invite you and your team to come to Portugal and participate in one of the most important events this year.

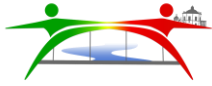
In order to offer to the athletes, coaches, referee, and all the participants a good time we will provide the best conditions and support. And we believe that a competition as this one, with the best of each country, we will have high level of transparency and fair play.

We wish you all the best of luck and hope that you will enjoy the Championship as well as Portugal.

Yours sincerely,

Jose Luis Sousa
President
Portuguese Taekwondo Federation





1. Promoter:

European Taekwondo Union (ETU)

Secretary General

P.O. Box 37. 7570 AA Oldenzaal Netherlands

2. Organizer:

Federação Portuguesa de Taekwondo

Rua dos Correeiros nº 221 - 2º dt.

1100-162 Lisboa

E-mail: eupeanjunior2013por@gmail.com e secretaria@fptkd.com

Web-site: <http://www.fptkd.com/Taekwondo/europeian2013/>

Facebook: <https://www.facebook.com/EuropeanJuniorTaekwondo2013>

3. Date:

September 25th – 28th 2013

4. Place / Sport hall

Pavilhão Desportivo Municipal / Centro de Alto Rendimento

Rua Almeida Garrett

4430-300 VILA NOVA DE GAIA – PORTUGAL

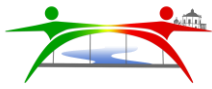
5. Qualifications:

CRITERION #1: Holder of the nationality of the participating team.

CRITERION #2: An athlete must be nominated by the pertinent national taekwondo association that is recognised by the European Taekwondo Union and by their NOC.

CRITERION #3: Holder of the Kukkiwon Poom or Dan Certificate

(* A copy of the Dan certificate should be enclosed when registering for accreditation. In case a contestant has applied for a Kukkiwon Dan certificate but has not received it yet, a copy of the Dan application form and the remittance certificate sent to the Kukkiwon must be enclosed when registering for accreditation. Please refer to the Kukkiwon Web site (www.kukkiwon.or.kr) for more information.)



19th European Junior Taekwondo Championships 2013

Vila Nova de Gaia – Portugal, 25th - 28th September

CRITERION #4: An athlete must be born between 1 January 1996 and 31 December 1998.

CRITERION #5: Holder of the WTF Global Athlete License (GAL)

*** WTF Global Athlete License (GAL) Rules stipulate that all athletes to participate in WTF-promoted championships, except World Para-Taekwondo Championships, should hold WTF GAL. Please take note that entry registration without GAL no. will not be considered as completed. Application for WTF GAL should be made only through Member National Association to Mr. Justin Tenbeth, GAL Project Manager in WTF Lausanne Office, at licence@wtf.org.

6. Categories / Age:

Junior Male and Female.

One contestant per weight category.

Those, who were born in 1996, 1997 or 1998, are eligible to participate.

7. Competition Rules:

The WTF Competition Rules

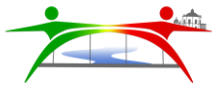
8. Team Entries Male and Female Divisions respectively:

Position	Max. Nº Of Members	
	Male	Female
Head of Team:	1	
Manager:	1	1
Coach:	2	2
Trainer:	1	1
Team Doctor:	1	1
Contestants:	10	10

Please, fill and send the team members form until September 1st 2013.

[Team Members Form EuroTKD2013.pdf](#)

and send to europeanjunior2013por@gmail.com e secretaria@fptkd.com



9. Weight Divisions:

Weight Divisions (Male):

Fin	Not exceeding 45 kg
Fly	Over 45 kg and not exceeding 48 kg
Bantam	Over 48 kg and not exceeding 51 kg
Feather	Over 51 kg and not exceeding 55 kg
Light	Over 55 kg and not exceeding 59 kg
Welter	Over 59 kg and not exceeding 63 kg
Light Middle	Over 63 kg and not exceeding 68 kg
Middle	Over 68 kg and not exceeding 73 kg
Light Heavy	Over 73 kg and not exceeding 78 kg
Heavy	Over 78 kg

Weight Divisions (Female):

Fin	Not exceeding 42 kg
Fly	Over 42 kg and not exceeding 44 kg
Bantam	Over 44 kg and not exceeding 46 kg
Feather	Over 46 kg and not exceeding 49 kg
Light	Over 49 kg and not exceeding 52 kg
Welter	Over 52 kg and not exceeding 55 kg
Light Middle	Over 55 kg and not exceeding 59 kg
Middle	Over 59 kg and not exceeding 63 kg
Light Heavy	Over 63 kg and not exceeding 68 kg
Heavy	Over 68 kg

10. Award Presentation:

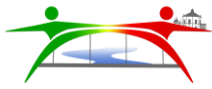
1st place – One gold medal

2nd place – One silver medal

3rd place – Two bronze medal to each

Trophies for National Teams:

The 3 first ranked teams (female, male and in total will each get trophy). The ranking position of the teams will be decided by the Olympic System. All contestants and team officials participating in the European Championships will receive a certificate of participation.



11. Conditions for Participation:

Round trip airfare and accommodation of room and board shall be borne by the participating National Associations.

Entry Forms for participation payment fee:

The entry fee is 60,00 euros per competitor.

Payment by bank before September 1st 2013.

Entry submission after **September 1st 2013** will be not accepted under any circumstances.

The registered athletes or team officials may be replaced without any penalty money until September 1st 2013.

12. Applications:

All the Application Forms must be sent to the Email europeanjunior2013por@gmail.com

Deadline September 1st 2013.

To register your team:

Please login to the Internet subscription through <http://www.tpss.nl>

Please upload your pictures of competitors and officials to the website.

Team and officials registration is only online possible by TPSS.

13. WTF – recognized Taekwondo Uniform (Dobok) and Protective Equipment:

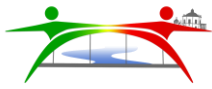
The participating contestants shall wear the WTF recognized Taekwondo uniform (Dobok). The WTF – recognized protective equipment of trunk protector will be provided by the sponsor.

Groin guard, forearm, shin guard and headgear recognized by the WTF shall be carried by the participants for their personal use. Wearing of the WTF recognized Taekwondo Uniform (Dobok) and protective equipment will be checked at the inspection desk before entering into the contest area and any contestants wearing unrecognized Dobok and /or protective equipment shall not be permitted to compete. Daedo PSS will be used in this championship.

14. Medical Control:

Use of drugs or doping by any chemical substances prescribed in the WTF Regulations for Doping Control is strongly prohibited.

The ETU will carry out medical doping test among the winners at random sampling and any winner who refuses to undergo the testing or who proves to have committed a breach of the regulations for Doping Control shall be removed from the final standings, and a disciplinary action will be taken.



15. Indemnities:

It is the responsibility of each National Association to ensure that their contestants have filled in the participation forms correctly and have signed them thereby indemnifying the organizers, the officials and other contestants from any claims of injuries, losses or otherwise arising in the course of participation in these championships or any activities linked therewith.

It is the responsibility of each National Association to ensure that sufficient insurance coverage has been taken out for all officials and participants.

Participants without proper participation entry forms and without sufficient insurance coverage will not be allowed to compete.

Please, fill and send the Personal and Group form until September 1st 2013.

[Personal and Group Indemnity Form EuroTKD2013.pdf](#)

16. Head of Team Meeting and Drawing Lots:

This will be conducted by ETU – officials.

The head of team meeting and drawing lots will be conducted electronically prior to the competition in the presence of officials and representatives of the participating nations. The draw will be carried out for all weight categories electronically.

17. Weigh-in:

The weigh-in of the contestants takes place on the previous day of the weight – division they compete.

During the weigh-in, the male contestant shall wear underpants and the female contestant shall wear underpants and brassiere.

However the contestant may weigh-in nude if he/she wishes to do so.

The weigh-in will be conducted once. However, one more weigh-in within the time limit of the official weigh-in will be granted to those contestants who did not qualify the first time.

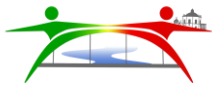
18. Closing date for entries:

The closing date for receipt of entry forms will be **September 1st 2013**.

The registration for TPSS will be closed September 1st 2013.

Entries received after the closing date will not be accepted.

Strict compliance with the ruling is required.



19. Payment:

The payment of **entry-fee** should be paid to:

Account name: Athanasios Pragalos
IBAN GR50 0120 0040 0000 0003 3662 432
Swift BIC EMPOGRAA

The participating federations can pay the entry fee cash at registration

Please, send the proof of registration to europeanjunior2013por@gmail.com and secretaria@fptkd.com

20. Accommodation:

Accommodation charges for room and boarding of the teams will be born by the participating National Taekwondo Federations. Please note that hotel reservations that are cancelled after the deadline (August 24, 2013) will be fined with 50 % of the total hotel reservation cost.

Hotel reservations that are cancelled after AUGUST 30, 2013 will be fined with 100 % of the total hotel reservation cost.

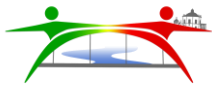
Please, fill and send the Hotel Reservation form until 24th August 2013

[Hotel Reservation Form EuroTKD2013.pdf](#)

And send the proof of bank transfer to europeanjunior2013por@gmail.com

21. Transportation:

Round trip airfare of the teams will be born by the participating National Taekwondo Federations. The Organizing Committee will arrange transportation from the Airport to the official hotels and back as well as the transportation between the hotels and to the sport hall. Transportation will be organized for the teams that have made hotel reservations through the Organizing Committee. National Taekwondo Federations must fully fill in the attached Forms and return it to the Organizer before August 24, 2013



22. Others:

Each participating team should bring two delegation flags with size of 90 cm x 130 cm and CD of the national anthem.

All contestants and officials participating in the 19th European Junior Male and Junior Female Taekwondo Championships will receive a diploma signed by the ETU President.

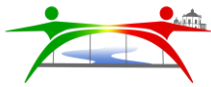
23. Urgent Note for Hotels:

Reservations and Registrations are only valid when payments have been received and can be confirmed by the Bank. Bank Rates are not included.

Please contact the organizer to make sure that your reservation is confirmed before payment.

As rooms allotment is limited, your room reservation request will be treated according to the space availability at each hotel. Please make sure to confirm hotel availability with the organizing committee before payment.

Account name:	Marlene European Junior Taekwondo
Bank	BPI - Banco Português de Investimento
Account	8-4978385-000-001
IBAN	PT50 0010 0000 4978 3850 0010 3
Swift BIC	BBPIPTPL

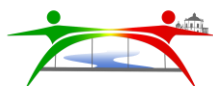


19th European Junior Taekwondo Championships 2013

Vila Nova de Gaia – Portugal, 25th - 28th September

OFFICIAL CHAMPIONSHIP HOTELS ALL PRICES INCLUDE BREAKFAST

Code Nr.	Hotel Name	City / Distance	Room type	Nr. Of available rooms	Nr. of persons	Price per room	
						Until August 9, 2013	from 10 August to 24 August 2013
1	Tiara 5*	Porto 30 minutes from the competition venue	Single	5	5	110,0 €	115,5 €
			Twin	42	84	110,0 €	115,5 €
2	Holliday Inn 4*	Vila Nova de Gaia 7 minutes from the competition venue	Single	10	10	73,0 €	76,7 €
			Double	20	40	78,0 €	81,9 €
			Twin	80	160	78,0 €	81,9 €
3	Novotel 4*	Vila Nova de Gaia 20 minutes from the competition venue	Single		0	79,5 €	83,5 €
			Twin	30	60	79,5 €	83,5 €
4	Mercure 4*	Vila Nova de Gaia 20 minutes from the competition venue	Single		0	65,0 €	68,3 €
			Twin	30	60	75,0 €	78,8 €
5	Ipanema 4*	Porto 30 minutes from the competition venue	Single		0	71,0 €	74,6 €
			Twin	20	40	74,0 €	77,7 €
6	Fenix 4*	Porto 30 minutes from the competition venue	Single		0	71,0 €	74,6 €
			Twin	20	40	74,0 €	77,7 €
7	Clip 3*	Vila Nova de Gaia 5 minutes from the competition venue	Single	3	3	56,5 €	59,3 €
			Twin	15	30	62,5 €	65,6 €
8	Tuela 3*	Porto 30 minutes from the competition venue	Single		3	67,5 €	70,9 €
			Twin	20	40	70,5 €	74,0 €
9	Ibis 2*	Vila Nova de Gaia 20 minutes from the competition venue	Single	4	4	53,0 €	55,7 €
			Twin	30	60	59,0 €	62,0 €
10	Park Hotel 2*	Vila Nova de Gaia 15 minutes from the competition venue	Single	3	3	50,0 €	52,5 €
			Twin	29	58	50,0 €	52,5 €



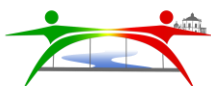
19th European Junior Taekwondo Championships 2013

Vila Nova de Gaia – Portugal, 25th - 28th September

TIMETABLE

(This timetable is subject to change)

Date	Time	Events	Place
September 22 Sunday	All Day	Arrivals	Hotels
September 23 Monday	14:00 - 20:00	Arrivals / Registracion of Teams	Hotel Holiday Inn
September 24 Tuesday	10:00 - 16:00	Arrivals / Registracion of Teams	Hotel Holiday Inn
	10:00 - 18:00	Training session	Sport Hall Gaia
	14:00 - 16:00	Referee Meeting	Hotel Ipanema Park
	16:30 - 17:30	Weigh-in for 25 September	Sport Hall Gaia
	18:00 - 20:00	Head of Team and Drawing of lots	Hotel Holiday Inn
September 25 Wednesday	9:30 - 14:00	Male -55kg / -68kg Female -42kg / -44kg / +68KG	Sport Hall Gaia
	14:00 - 15:00	Lunch Break	
	15:00 - 16:00	Opening Ceremony	
	16:00 - 18:30	Preliminaries / Semifinals	
	16:30 - 17:30	Weigh-in for 26 September	
	19:00 - 20:00	Finals / Awarding Ceremony	
September 26 Thursday	09:30 - 14:00	Male -45kg / -48kg / -51kg Female -46kg / -52kg	Sport Hall Gaia
	14:15 - 15:15	Lunch Break	
	15:15 - 18:00	Preliminaries / Semifinals	
	16:30 - 17:30	Weigh-in for 27 September	
	18:30 - 20:00	Finals / Awarding Ceremony	
September 27 Friday	09:30 - 14:00	Male -59kg / -63kg / +78kg Female -49kg / -59kg	Sport Hall Gaia
	14:15 - 15:15	Lunch Break	
	15:15 - 18:30	Preliminaries / Semifinals	
	16:30 - 17:30	Weigh for 28 September	
	19:00 - 20:30	Finals / Awarding Ceremony	
September 28 Saturday	09:30 - 14:00	Male -73kg / -78kg Female -55kg / -63kg / -68kg	Sport Hall Gaia
	14:15 - 15:15	Lunch Break	
	15:15 - 18:00	Preliminaries / Semifinals	
	18:00 - 20:30	Finals / Awarding Ceremony	
September 29 Sunday		Departure	Hotels



19th European Junior Taekwondo Championships 2013

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Links to forms:

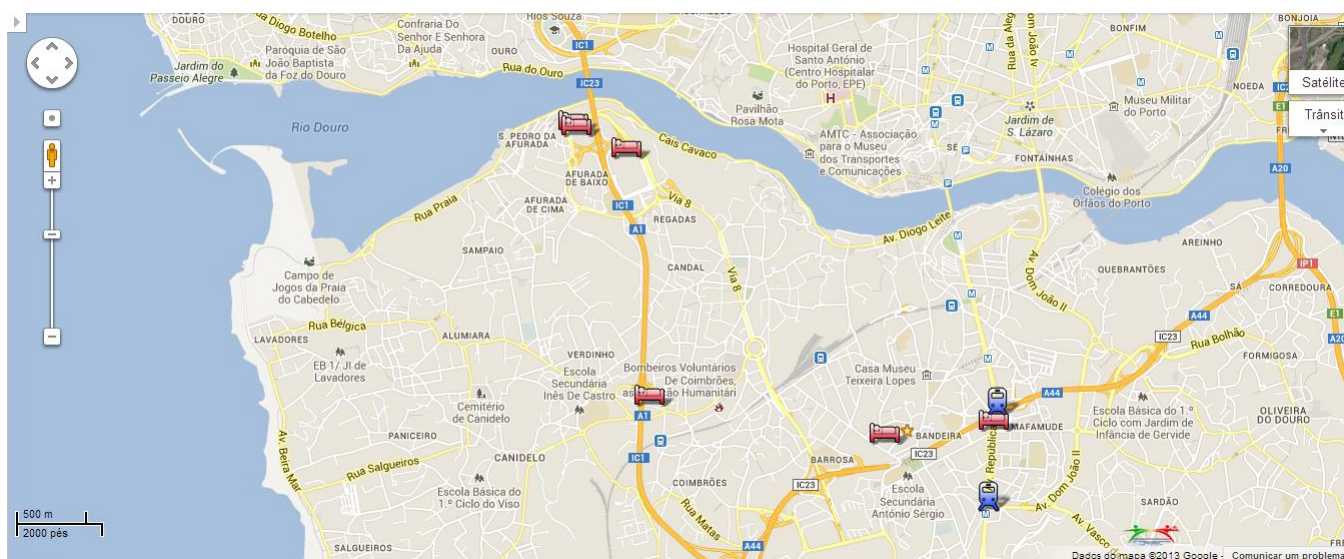
[Team Members Form EuroTKD2013.pdf](#)

[Hotel Reservation Form EuroTKD2013.pdf](#)

[Personal and Group Indemnity Form EuroTKD2013.pdf](#)

Link location of hotels and championship:

[location map](#)



We wish you all the best of luck and hope that you will enjoy the Championship as well as Portugal.

